

**Enfield Senior Center**  
**299 Elm Street, Enfield, CT 06082**  
**860-763-7425**

News Release: Week of May 29, 2023

Contact: Mary Keller, Senior Center Manager, mkeller@enfield.org

**Memorial Day:**

The Senior Center will be closed on Monday, May 29 in observance of the holiday.

**June Newsletter:**

The June newsletter is now available online or in print at the Senior Center. Registration has begun.

**20<sup>th</sup> Anniversary Calendar:**

The calendar of events for the June 5-9 celebration is now available online or in print at the Senior Center. Please join us in celebrating the 20<sup>th</sup> Anniversary of the Senior Center building. There will be fitness demo classes, arts & craft demo classes, special events, Senior Center tours, Prime Fitness Center open house, Rotary Park walking tour, and a Walk Down Memory Lane to name a few. All classes are free. What a great way to try a new class or find out what we have to offer!

Tickets for the Police Picnic and the Shaded Soul Band concert will be available for pick up starting Tuesday, May 30 at the Senior Center. Limit: 2 per household.

**Fun Bingo:**

Wednesday, May 31, 10:45-11:45am

Drop-in and play a few games for small cash prizes. The cost is fifty cents per card. Please bring exact change.

**Monthly Birthday Party:**

Wednesday, May 31, 12:00pm.

Parkway Pavilion Health & Rehab join Community Café luncheon participants on the last Wednesday of the month to help celebrate their birthdays.

**Outdoor Activities:**

The Senior Center offers several outdoor activities weather permitting. Located behind the Senior Center is the Rotary Park. The park houses the Rotary Garden, pollinator garden, the gazebo, a patio with outdoor furniture and bocce courts. There is .25-mile walking trail that encompasses the garden with fitness equipment stationed around the trail. There are also cornhole sets available for indoor and outdoor use. For more information regarding our outdoor activities, contact the front desk at 860-763-7425.

**Senior Living TV:**

There will be a special edition of the Enfield Senior Living TV Show starting Thursday, May 25. Host Mike Helechu will interview Mary Keller, Senior Center Manager. They will highlight the 20<sup>th</sup> Anniversary Celebration events happening at the Senior Center the week of June 5 -9.

Senior Living TV showcases subjects of interest to older adults. The show is produced by the Enfield Commission on Aging with the help of Cox Public Access TV. Senior Living airs on Cox Cable channel 15 on Thursdays at 6:30pm and Fridays at 9:30am.

**Rotary Garden:**

Planting season is coming. All fruits and vegetables harvested from the garden are donated to the Enfield Food Shelf. Volunteers are needed. For more information on the Garden or to volunteer, please contact Pat Bleakney at pat.bleakney@gmail.com

**Ask The ...:**

The following services are available for a free 15-minute consultation during limited morning hours. Call the Senior Center at 860-763-7425 to schedule an appointment. Ask the Home Inspector hours are 4:30-5:45pm.

Ask the Lawyer: May 31 (advice from practicing Elder Law attorneys)

Ask the Realtor: June 7 (Senior Real Estate Specialist)

Legal Consultation: June 20 (guidance from general practice law firm)

Ask the CPA: Call to schedule a phone appointment.

Ask the Home Inspector: Call to schedule a phone appointment. (Info regarding new home purchase, resell, and improvements)